

COLD DRINKS

MINERAL WATER 0,25 ltr / 0,50 ltr 3,40 / 6,50
COCA COLA | ZERO 3,80
SPRITE | FANTA | CASSIS 3,80
TONIC | BITTER LEMON 3,90
ICE TEA SPARKLING | GREEN 3,80
APPLE JUICE | PEAR JUICE | TOMATO JUICE 4,-
COCONUT WATER 3,50
GINGER BEER 5,50
SOOF LEMONADE 4,80

Choose from:
- Lemon, mint & apple
- Rose, cardemom, pear & apple

FRESHLY MADE

ORANGE JUICE 6,-
CARROT, APPLE AND GINGER 6,50
ICE TEA 5,50
Mint, ginger and lemon
FOREST SMOOTHIE 6,50
Forest fruits, orange juice, banana and yogurt
SPINACH SMOOTHIE 6,50
Spinach, mango, banana and coconut water
DETOX SMOOTHIE 6,50
Ginger, turmeric, banana and coconut water

BEERS

DRAFT small or large
BRAND PILSENER 5.0% 4,20 / 8,40
HEINEKEN PILSENER 5.0% 4,- / 8,-
OEDIPUS MANNENLIEFDE 6.0% 6,10 / 12,20
OEDIPUS PAIS TROPICAL 6.0% 6,10 / 12,20

For more see our beer menu

BOTTLED

AFFLIGEM BLOND 6.7% 6,20
AFFLIGEM DUBBEL 6.8% 6,20
AMSTEL ROSÉ 4.0% 5,50
OEDIPUS BRIDE WIT 5.0% 8,50
OEDIPUS GAIA 7.0% 8,50
TEXELS SKUUMKOPPE 6.0% 6,60
TEXELS TUUNWAL 8.5% 7,-

0.0%

AFFLIGEM BLOND 4,50
BRAND WEIZEN 4,50
HEINEKEN 3,90
TEXELS SKUUMKOPPE 5,60

HOT DRINKS

COFFEE

ESPRESSO | COFFEE 3,30
ESPRESSO MACCHIATO | CORTADO 3,40
DOUBLE ESPRESSO 4,70
FLAT WHITE 4,70
CAPPUCCINO | LATTE 3,60
LATTE MACCHIATO 4,20

ADDITIONS:
+ Oatly oat milk 0,50
+ Whipped cream 1,-
+ Syrup 1,-
Caramel | Hazelnut | Vanilla
+ Extra shot Espresso/Coffee 2,-

SPECIALS

IRISH COFFEE | Baileys or Whiskey | 9,-
ITALIAN COFFEE | Amaretto | 9,-

HOT CHOCOLATE MILK 4,-

TEA 3,70

JASMIN | GREEN | EARL GREY | CAMOMILLE |
LEMON VERBENA | BLACK | ROOIBOS

FRESHLY MADE TEA

MINT | GINGER 4,-
GINGER & MINT | GINGER & TUMERIC 4,20
CHAI LATTE 4,50
DIRTY CHAI 6,50



COLD BREW COFFEE

BLACK 4,80
CAPPUCCINO | CAFÉ LATTE 5,-

ICED CHAI

ICED CHAI LATTE 4,80
DIRTY CHAI LATTE 6,80

HOMEMADE SWEETS

APPLE PIE 6,50
CHEESECAKE 5,50
PECAN PIE 6,50
SALTED CARAMEL NUT TARTLET 5,50
BANANA BREAD WITH WALNUTS 5,-

CHOCOLATE CHIP COOKIE 5,-
BROWNIE 3,-
BUTTER CAKE 3,-
“KOKOSMAKROONTJE” | Dutch
cookie made of coconut shavings | 3,-



A LITTLE BIT ABOUT

Tisfris is situated in the “Pentagon” complex which is designed by architect Theo Bosch. The space was finished in 1983 after the subway had been built. Tisfris was set-up in 1985 and has been situated in this place since the beginning.

In the late seventies, the municipality of Amsterdam made a plan to create a broader road next to the subway and the Stopera. As the neighbourhood protested this change the broader road was never built. The broader bridge, next to Tisfris, was already built which we really appreciate because now everyone can enjoy our beautiful terrace.

Currently Tisfris is a restaurant thats open during the day catering to young and old, residents of the neighbourhood, students, office employees and tourists. We embody quality, coziness and coming together.

ENGLISH

TISFRIS
EST. 1985 AMSTERDAM

GIVE US A FOLLOW



CafeTisfris



tisfris_amsterdam

PRIVATE PARTY?

You can also rent Tisfris for parties and events.
For more information, please call or e-mail us
Tel: 020 - 622 04 72 • Email: tisfrisbv@gmail.com

tisfris.nl

GREEK YOGHURT 9,-
Various types of fruits, nuts and honey

CROISSANT OR LIGHTLY ROASTED BREAD 3,50
+ Nutella, jam or honey 2,-
+ Old cheese - brand Reypenaer VSOP 3,-
+ Avocado or smoked Salmon 4,50

WARM CROISSANT ham & cheese 6,50

FRENCH TOAST 11,50
With red fruit and whipped cream



OUR BREAD

STANDARD:
BROWN MULTIGRAIN
(FULL OF FLAVOR, RICH IN NUTRITION)
OR
WHITE WHEAT BREAD
(AIRY, SOFT AND DELICIOUS)

OPTIONAL:
ODENWALD GLUTEN FREE BREAD
(PERFECT BALANCE BETWEEN
TASTE AND NUTRITION)

+ 1,50

SANDWICHES | lightly roasted bread |

OLD CHEESE OF THE BRAND REYPENAER VSOP
| 2 years old | with homemade mayonnaise and
Amsterdam pickle 11,50

BBQ-BEEF with cheddar & mozzarella and
jalapenos & pepper mayo 14,-

TUNA MELT with wasabi nuts & wasabi
mayo 13,50

POACHED EGG with avocado & tomato salsa 14,-
+ Crispy bacon 3,50
+ Smoked salmon 4,50

EGGS BENEDICT & LIGHTLY ROASTED BREAD
with Hollandaise sauce 11,-
+ Spinach 2,50
+ Crispy bacon 3,50
+ Smoked salmon 4,50

FRIED EGG OR OMELETTE [two eggs] with lightly
roasted bread 9,50
+ Cheese, ham or bacon 3,50
+ Avocado or smoked salmon 4,50

SPICY PULLED CHICKEN with roasted peanuts,
sweet & sour and whiskey mayo 13,50

SERRANO HAM with buratta, arugula, basil oil and
chilli flakes 14,-

HOLTKAMP BEEF CROQUETTES 13,-

GOAT CHEESE FROM THE OVEN with fresh figs,
walnuts, honey & balsamic syrup 14,-

GRILLED VEGETABLES with hummus, roasted
tomatoes & olive tapenade 13,-

The dishes are freshly made by our kitchen. Do you have any food allergies? Let us know.
Most of our vegetarian dishes are also available as a **vegan** version.

SOUP

SOUP OF THE SEASON served with bread 8,50

SALADS | served with bread |

PERFECT GREEK SALAD 15,-

WARM ORIENTAL CHICKEN MANGO with
chili flakes and roasted peanuts 16,50

SUMMERY GOAT CHEESE with beetroot,
avocado and chickpea 16,-

BREAD BOARD with salted butter, tomato salsa
and olive tapenade 8,-

NACHOS with melted cheese, jalapeños,
guacamole, sour cream and tomato salsa 14,50
+ Beef stew 4,-

CHEESE BOARD a selection of cheeses, nuts and
balsamic syrup served with grilled bread 18,50

COLD SNACK BOARD | 2 people |
Serrano ham, burrata, goat and Reypenaer
cheese, smoked salmon on toast, olives and
grilled vegetables with bread 22,50

FRIED TENDERLOIN TIPS
with vegetables in Teriyaki sauce, salad
and fries 24,50

PRAWNS IN PILL PILL (garlic & chili pepper)
with sweet & sour salad and grilled bread 21,-

CHICKEN THIGHS (slowly cooked)
with soy sauce, spring onion, sweet & sour salad
and fries 23,50

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Most of our vegetarian dishes are also available as a **vegan** version.

FRESH FRIES

FRIES with homemade mayo 6,-
Extra sauce 2,-
Choice of: Wasabi mayo,
Jalapeños mayo,
Paprika mayo

FRIES with stew 9,-
FRIES with avocado smash 9,-



SNACKS | 6 pieces |
Holtkamp Dutch bitterballs 8,50
Cheese soufflés 8,-
Yakitori skewers 11,50
Chicken wings 12,50
Vlammetjes 7,50
Vegetarian Springrolls 7,-
Olives 4,50

BITTER GARNISH | 10 or 20 pieces |
Holtkamp Dutch bitterballs, cheese
soufflés, Vegetarian Springrolls and
vlammetjes 15,- | 25,-



BURGERS

HOMEMADE BEAN AND BEET BURGER 16,-
BEEF BURGER 15,-
TISFRIS CHILI BURGER 16,-

Add: Bacon or Cheese 3,-

Fries with
mayo
+ 3,50

WHITE WINES

VERDEJO • RUEDA, SPAIN • PALACIO DE VIVERO
An exuberantly smelling wine. Juicy with rich undertones of stone fruit and citrus, with the
aftertaste of a soft, crispy touch. glass 6,- / bottle 26,-

SAUVIGNON BLANC • MARLBOROUGH, NEW ZEALAND • AWATERE
A fragrant wine made of grapes hailing from the Awatere Valley. A clear and expressive
wine, with an explosion of fresh fruit aromas. glass 7,- / bottle 27,-

CHARDONNAY • SOUTH AUSTRALIA • GRANT BURGE RESERVE
Sun and heat combine to create a rich wine full of tropical fruit. A short wood aging gives
this wine a subtle, round taste of vanilla and caramel. glass 6,50 / bottle 26,-

ROSÉ

GRIS ROSÉ • LANGUEDOC, FRANCE • AYET
The color is bright light pink. A pleasant light-footed wine with subtle red fruit, a mineral
touch and a hint of herbs. glass 6,- / bottle 26,-

RED WINES

PRIMITIVO • PUGLIA, ITALY • CASTELLANI DUCA SARGENTO
A warm and powerful fragrance, with aromas of sun-aged fruit, leather and herbs. Intensive
flavour with a lot of dark fruit and an earthy note. glass 6,- / bottle 26,-

SPARKLES

PROSECCO SPUMANTE • VENETTO, ITALY • LISETTO
This Spumante, made from the Giera grape, tastes beautifully fresh and pure and has a
pleasant mousse. glass 7,50 / bottle 27,-

GRAN CUVÉE • BRUT MAIPO VALLEY, CHILE • AGUSTINOS
Has a long bottle maturation, which gives it a nice toasted impression, with nuts and honey.
The wine is tight, refined and deliciously mouth-filling. glass 6,- / bottle 26,-

COCKTAILS

MOJITO €10,50
DUTCH MULE €10,50
MOSCOW MULE €10,50
PORNSTAR MARTINI €12,50
PALOMA €11,-

MOCKTAILS

MOJITO 0.0% €9,-
SPICED MULE 0.0% 9,-
PALOMA 0.0% 9,-



SPRITZ & MIX

APEROL SPRITZ 10,-
LIMONCELLO SPRITZ 10,-
HUGO ROSA SPRITZ 10,50
G&T 10,50
MIMOSA 8,-



MORE

JONGE JENEVER | Zuidam 4,-
SALMARI 5,-
VODKA | Eristoff 5,50
RUM | Diplomático 5,50
GIN | Bombay Sapphire 5,50
WHISKEY | Jameson 6,50
| Jack Daniels 7,-
AMARETTO | Disaronno 6,50
COGNAC | Martell 7,-
BAILEYS 6,-
TEQUILLA 5,50
LIMONCELLO 4,50
PORT 6,-